



PalliativeCare

TASMANIA

Tasmanian Association for Hospice
and Palliative Care Inc.

Palliative Care



What is Palliative Care?

Palliative Care focuses on improving quality of life for people living with life limiting illness through prevention and relief of suffering by means of early identification, assessment and treatment of pain and other symptoms and addressing psycho-social and spiritual concerns. Support may include the family or other carers.

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Who Can Have Palliative Care?

Palliative care is appropriate for anyone with a life-limiting condition including increased frailty due to advanced age, chronic, incurable illnesses and disabilities.

What is a Palliative Approach?

A palliative approach emphasises improving quality of life by addressing people's needs and preferences as they approach death and to provide bereavement support for families.

Whole Person Care

Palliative Care focuses on your goals and needs by:

- managing symptoms
- providing social and emotional support
- supporting spirituality and meaning
- providing physical comfort to create an environment to live as fully as possible

Good palliative care is like a circle of support. Everyone involved helps to make sure the dying person and their family has the care and support they need. Specific services may include medical, nursing and social support at home, in a hospital or in residential care.

Further Information

For services that can help with palliative care go to the PCT website and look for the Palliative Care tab under Useful Information

www.tas.palliativecare.org.au

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