



DISCUSSING END OF LIFE

A FREE workshop for health and community service providers

Workshop topics:

Palliative and End of life—what do we mean?

Discussing preferences for end of life care

- What is advance care planning?
- Identifying substitute decision makers
- The place of 'capacity' in ACP conversations
- Supporting consumers to have a voice in their care decisions
- Culturally and socially sensitive issues in discussing death, dying and advance care planning
- Communication skills for Advance Care Planning
- Providing non-judgemental and supportive care

After these sessions attendees will:

1. Have a better understanding of the principles of advance care planning
2. Be familiar with the Tasmanian Advance Care Directive
3. Be familiar with other resources available to support your practice
4. Be able to explain advance care planning to others
5. Understand substituted decision making options in Tasmania
6. Be able to discuss end of life wishes and advance care planning with clients and consumers
7. Feel more confident responding in difficult conversations
8. Have a better understanding of the needs of specific communities in Tasmania (including CALD, Aboriginal, LGBTIQ and homeless people), when considering end of life decisions and preferences.

These workshops will include interactive group discussions. There will be practical learning based on case scenarios in having discussions of concerns and wishes for end of life care.

Thursday 8th December

9.30—3.30

Rosny LINC

or

Friday 9th December

9.30— 3.30

Glenorchy LINC

**Morning and afternoon tea provided.
BYO lunch or obtain from local outlets**

Registration:

www.tas.palliativecare.org.au/events

Information: 0407 300 016